

The Pro's Pre-Pick Checklist

What to Check Before You Publish a Betting Pick

1. Market & Odds Check

- ☐ Current odds confirmed
- ☐ Opening vs current odds checked
- ☐ Line movement understood
- ☐ Value still present

2. Injuries & Suspensions

- ☐ Key injuries confirmed
- ☐ Suspensions checked
- ☐ Goalkeeper situation confirmed
- ☐ Returning players considered

3. Lineups & Rotation Risk

- ☐ Starting lineup checked (if available)
- ☐ Formation verified
- ☐ Rotation risk evaluated

4. Team Form

- ☐ Performance level assessed
- ☐ Home vs away form checked
- ☐ Opponent quality considered

5. Match Context & Motivation

- ☐ Table situation understood
- ☐ Motivation level assessed
- ☐ Travel or derby factor considered

6. Tactical Matchup

- ☐ Strength vs weakness identified
- ☐ Key matchups noted

- ☐ Expected game flow makes sense

7. Schedule & Fatigue

- ☐ Rest days checked
- ☐ Travel and congestion considered
- ☐ Squad depth evaluated

8. Weather & Pitch

- ☐ Weather forecast checked
- ☐ Pitch condition known

9. Head-to-Head (Optional)

- ☐ Used only as supporting info
- ☐ Squad continuity verified

10. Final Value Decision

- ☐ Fair odds estimated
- ☐ Price still offers value
- ☐ Stake adjusted

11. Publish Quality Control

- ☐ Pick and odds clearly stated
- ☐ Reason explained simply
- ☐ Risks acknowledged
- ☐ Stake consistent

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